



Carelines Newsletter

With the start of a brand new year ahead, it's the perfect time to think about making a new beginning in your life. Maybe this year you'll choose to learn a new language or travel to a destination you've always dreamed of visiting. Whatever gets you inspired, it is all about a new start.

Think of sayings you have heard before and what they might mean to you today, as you look at making a positive change in your life – to turn over a new leaf. To start anew means to start again, but in a different way. Nothing ventured, nothing gained is doing something new and different, but finding yourself taking a risk into unknown territory. To break new ground expresses the feeling of newness and is not like anything else that came before it. Out with the old and in with the new is getting rid of old things and replacing them with new things instead; referring to anything from objects to attitudes. When one door closes, another one opens can serve as motivation. It means that there is still hope or opportunity waiting for you. Winds of change is the feeling of anticipation that something major will change or arrive. How will you be making a new start this year?

"Now we look inside, and what we see is that anyone united with the Messiah gets a fresh start, is created new. The old life is gone; a new life burgeons!" (2 Corinthians 5, verse 17)

Here is a resident's story about his fresh, new start.

This resident wishes to remain anonymous for this story. He was previously a resident with us, but was unsuccessfully discharged due to drinking. He was allowed readmission to Christian Care in 2015, after being out of the shelter for 2 years. He is a local resident, having grown up and lived in the QCA all of his life. He regrets his actions and behaviors when he was drinking and the role that played in his failed marriages and estrangement from his children. He blames himself for not being around more and for not being a better dad to his children when they were growing up. He is embarrassed by his past and resents being homeless, or rather, resents allowing himself to be in a position of needing a safe, secure and substance-free place to live. This resident has since taken control of his life and his decisions. He is respectful to staff, residents, volunteers and visitors to Christian Care. He is open to constructive feedback and welcomes suggestions that will help him continue to grow. He is regarded as a peer leader and is employed part-time. He works very hard at trying to put his past behind him. He stays focused on the here and now and lives in the present. He hesitates to plan too far into the future for fear that he will be unprepared to face his challenges.

This resident is living a sober lifestyle and has "turned over a new leaf."

*100 years of Transforming Lives
1916 – 2016*

Jan/Feb
2017

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for a New Year

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*"Do not neglect to
show hospitality to
strangers, for by this
some have entertained
angels without
knowing it."*

Hebrews 13:2

EVENT HAPPENINGS

At the Blackhawk Unit #21 of the Illinois Retired Teacher's Association monthly meeting in November, Pam Hauman, Outreach Coordinator at Christian Care was the featured guest speaker. A generous donation to Christian Care was presented to Pam at that time.

On November 10, 2016, Bard Optical celebrated their 35th Anniversary in the City of Rock Island with a Chamber Ribbon Cutting and Designer Eyewear Show from 3-5 p.m. Happy Anniversary Bard Optical and thank you for organizing a food drive during that event for Christian Care. We appreciate your support.

On November 13, 2016, 26 teens serving on the board of the Teens with a GIFT of Foresight (TGF) visited the shelter. They are the teen philanthropy group of the Geneseo Is For Tomorrow Foundation. Christian Care was invited to apply for a \$2,000 grant from them and their visit was part of the grant application process.

Christian Care served Thanksgiving Dinner to the homeless of our community on Thursday, November 24th from Noon - 2:00 p.m. and 4:00 – 6:00 p.m. Below is a picture from our Noon meal.



On November 28, 2016, the Alphabet Kids from Cambridge High School in Cambridge, IL visited Christian Care. A check was presented with proceeds they collected from their fundraiser, "A Night for the Homeless". The teens all slept outside in cardboard boxes one very chilly night in October to experience what some of our homeless frequently experience. After the check presentation, the teens stayed and helped serve the evening meal and visited with our residents.

Thank you to those who brought food and served at our Meal Site during November/December

All Saints Episcopal Church - Bethany Baptist Church
Teresa Burkle - Camelot Therapeutic School
Tom Case - Church of the Cross – Colona First Baptist Church - Community Christian Fellowship - Teresa Fey, Girl Scout Troop 8655 - First Christian Church - Friends of Christian Care - Geneseo High School, Key Club - Good Shepherd Presbyterian Church - Greater Harvest - Heart of Hope Ministries – Jerry Higdon, John Deere - Holy Cross Lutheran Church – Tonya McGee Girl Scout Troop - Memorial Christian Church - Mighty Fortress Church – Orion Fellowship of Christian Athletes - Pentecostal Church of God Risen Christ Lutheran Church – St. James Lutheran - Scott Schaefer - Janne Short - Trinity Lutheran Church, Coal Valley
Pat Turner – Wells Fargo Bank, 18th Ave. Rock Island Zion Lutheran Church

We want to extend our special thanks to the Vietnam Veterans of America, Chapter 299, for their generous donation of Thanksgiving and Christmas Food Baskets.

Christian Care's Current Needs:

- Fresh fruit and vegetables
- Dairy products: yogurt, sliced cheese, and butter
- Cooking Oil
- Coffee, tea and creamer
- Powdered milk
- Sugar
- Salad dressing - large bottles
- BBQ sauce
- Non-stick cooking spray
- Gift cards to: Aldi, Fareway, Hy-Vee, Target or WalMart
- Gift cards to: Walgreen's, Osco or CVS Pharmacies
- Cleaning products - Lysol spray, bleach, shower cleaner, oven cleaner
- Hygiene products - shaving cream, razors, deodorant, body wash
- 13 and 33-gallon trash bags
- Paper towels & dinner napkins
- Automatic dishwasher detergent
- Dryer sheets
- Daily planners for our residents
- Boots (men's sizes 10-13)
- Backpacks

Please bring all items to Christian Care at 2209 3rd Avenue in Rock Island between the hours of

VOLUNTEERS

You may already know that volunteers are the life blood of Christian Care. We would not be able to do what we do and be as successful as we are without our faithful and committed group of volunteers. Our volunteers staff our front office and serve as office assistants, they come in and bring meals and help serve, they serve as Chapel Speakers and say a blessing/grace before meals, they lead Bible Study, chair AA meetings, provide special support to fundraising projects and offer in-kind and financial contributions, as well as, serve on our Board of Directors. We are blessed to have this core group of hard working individuals share their time, talent and expertise with us.

You, too, can become involved with Christian Care as a volunteer. We can work around your busy schedules and find a day/time that works best for you. We can work together to build a volunteer position to assist with website design/development, marketing, fundraising, donor development, building maintenance, etc.

Wherever your interest lies and whatever talents and skills you have are most welcomed. Just a few hours of your time can make a world of difference to our organization and to the lives of the men we serve. Remember, this is a new year and a new start!



2209 3rd Avenue, Rock Island, IL 61201-4176

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Transforming Lives for 100 years!



Homelessness is a reality in our community.
Each year, we care for hundreds of men,
by offering nutritious meals, warm clothing and safe shelter—
as well as services and programs focused on positive change.
Please consider making a donation today.

Go green and save postage. To receive your newsletter electronically,
contact Pam at phauman@christiancareqc.org

24-Hour Crisis Hotline: (309) 788-CARE (2273)

Visit us at christiancareqc.org or  Find us on **Facebook** at facebook.com/christiancareqc.org